

**3 May 2010 Monday**

09.00-09.30	<b>Welcome and In Memoriam Prof. Dr. Ismet Karacan</b> Dr. Sadık Ardıç
09.30-10.0	<b>Applications for Basic Medical Research in Sleep</b> Dr. Murat Özgören
10.00-10.30	Coffee Break
10.30-11.00	<b>Mini-Sleep recorder and its application for space medicine</b> Dr. Yoshihiro Urade and Dr. Yoshida
11.00-11.30	<b>Nagahama 0-Degree Sleep Study (Nag-0-sl Study) in Japan</b> Dr. Hiroshi Kadotani
11.30-12.00	<b>Turkish Adult Population Epidemiology and Profile of Sleep (TAPES) Study preliminary findings</b> Dr. Ahmet Uğur Demir
12.00-13.30	Lunch
13.30-14.00	<b>Poster Session I</b> Dr. Barış Baklan and Dr. Oya İtil
14.00-14.30	<b>New device for awakening using olfactory stimulation (Wasabi alarm system)</b> Dr. Imai Makoto (Shiga Univ. of Med Sci.)
14.30-15.00	<b>Restless Leg Syndrome Prevalence in Turkey and in the World</b> Dr. Serhan Sevim
15.00-15.30	Coffee Break
15.30-16.00	<b>Cardiac Findings and Sleep</b> Dr. Yuksel Peker
16.00-17.00	<b>Session of Interaction</b> Dr. Tetsuo Shimizu & Dr. Sadık Ardıç

**4May 2010 Tuesday**

09.00-09.30	<b>Recent progress on sleep-wake promoting substances: Prostaglandin and relating substances</b> Dr. Fan and Dr. Yoshihiro Urade (OBI)
09.30-10.00	<b>Orexin as a waking substance</b> Dr. Takeshi Sakurai (Kanazawa)
10.00-10.30	<b>Sleep and Behavior in Japanese Children and Adolescents: Findings from TOON Study</b> Dr. Yasunori Oka((Ehime)
10.30-11.00	<b>Poster Session II</b> Dr. İbrahim Öztura & Dr. Zeynep Uçar Coffee Break
11.00-11.30	<b>Sleep Research in Japan</b> Dr. Tetsuo Shimizu
11.30-12.00	<b>Sleep and Circadian Rhythm</b> Dr. Ken-ichi Honma
12.00-12.30	<b>Invitation to Worldsleeeep2011 (incl. Memorial presentation for Dr. Karacan)</b> Dr. Masako Okawa
12.30-13.00	<b>Closing Ceremony</b> Dr. Sadık Ardıç
13.00-14.00	Lunch

**Optional Lab Visits:**

Visit to Sleep Dynamics Laboratory (DEU Brain Biophysics Department)

14.00-16.00